

Name:

Group:

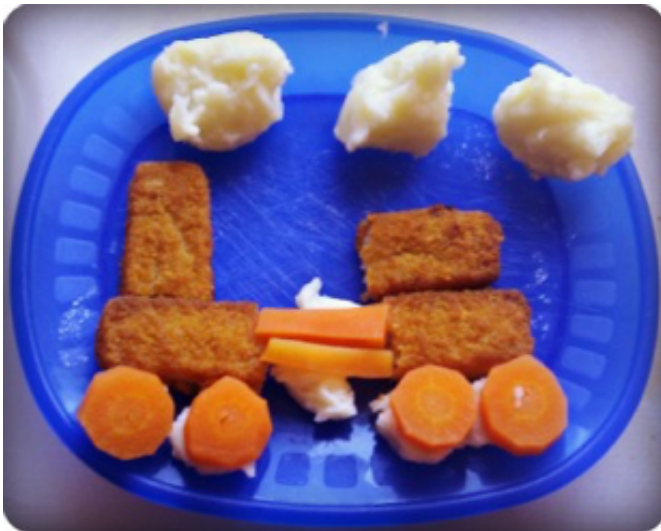


Year 9 Food Technology Task 1

Children can be fussy eaters. Suggest 3 dishes of food that can be made to look more interesting to encourage a young child to eat it.

1. Draw an image of a plate of food.
2. Label the foods and identify the nutrients provided.
3. Describe how it might appeal to children.

EXAMPLE



Food = Carrots

Nutrient = Vitamin D

Food = Potato

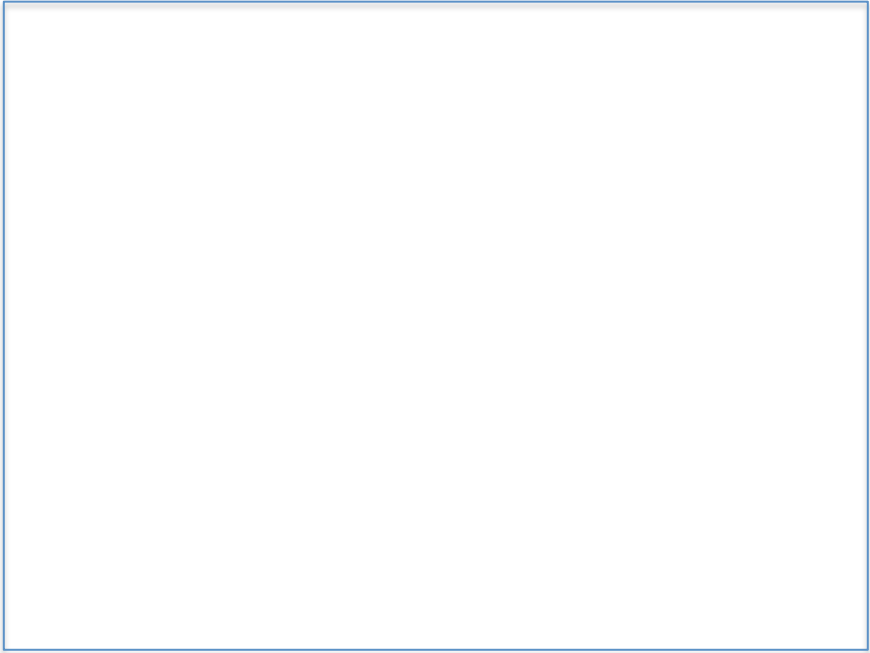
Nutrient = Carbohydrates

Food = Fish Fingers

Nutrient = Protein

Description - The fish fingers are in the shape of a train, the mash potato is like the smoke coming from the train and the carrots are the wheels. It is also on a blue plate instead of a plain one.

Dish 1



Food =

Nutrient =

Food =

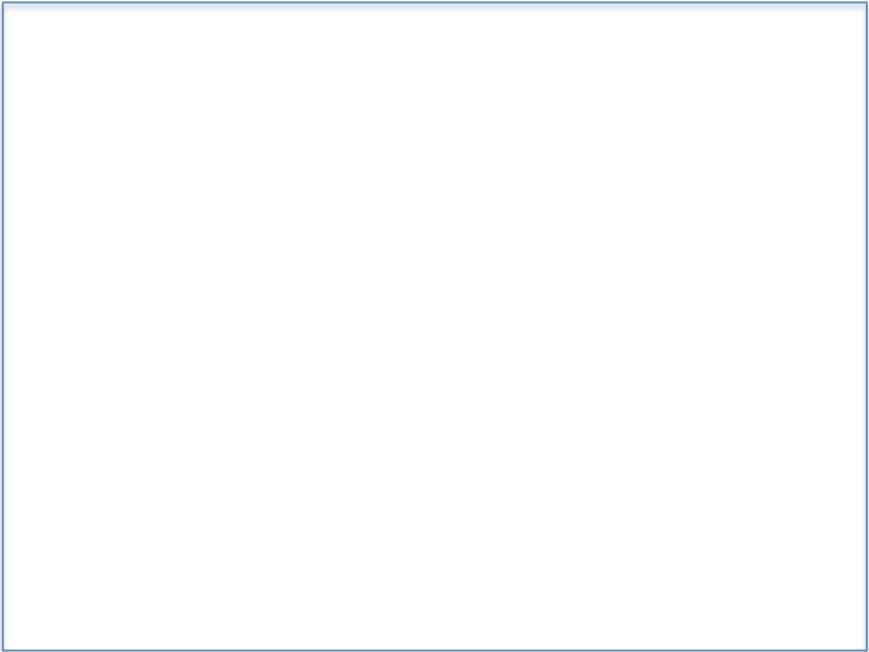
Nutrient =

Food =

Nutrient =

Description:

Dish 2



Food =

Nutrient =

Food =

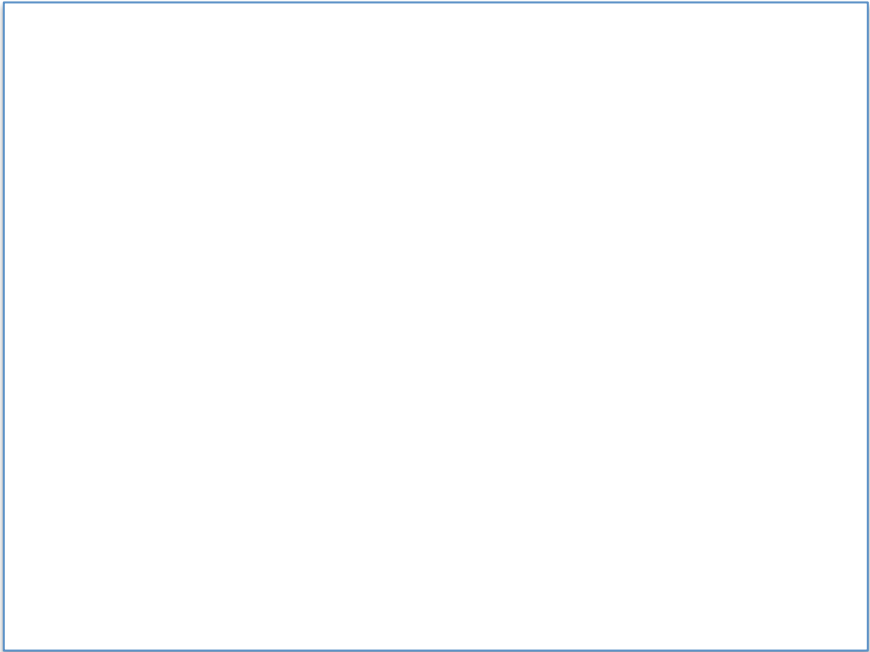
Nutrient =

Food =

Nutrient =

Description:

Dish 3



Food =

Nutrient =

Food =

Nutrient =

Food =

Nutrient =

Description:

Success Criteria

An after school detention will be issued if you fail to complete or produce poor quality homework. If you need materials/equipment to complete the homework you MUST discuss this with your teacher and parents before the hand in date.

Please check you have completed the following before handing in your homework.

Have you completed the following?

- 1. Discussed the homework with your parents?*
- 2. Completed 3 different drawings of food dishes?*
- 3. Labeled the foods and nutrients and written a description of the dish?*
- 4. Written in your neatest handwriting?*
- 5. Check your work for grammatical / spelling errors?*